

Interschool Cross Country 2020

The Comet Bay School Sports Association Interschool Cross Country Carnival was held on Wednesday 5th August at Singleton Primary School. This year we took a squad of 39 competitors to compete against the other local primary schools where we joined clusters to form an even bigger Interschool Cross Country with - Endeavour, Golden Bay, Secret Harbour, Singleton, Oakwood, Lakelands and Meadow Springs. Comet Bay has been highly successful at this event having won the competition for the past 7 years and coming runner up the previous 2 and we were looking to continue our run of strong performances.

Our Year 3-6 runners had shown their ability at the annual House Cross Country Carnival late last term where the top 5 runners from each age group earned their spot on the squad. Around half of these squad members went to even greater lengths in their efforts to do us proud by showing initiative and training in their own time before and after school to prepare for the carnival.

As always our goal was for our runners to challenge themselves by continuing to run the course from start to finish. It was fantastic to see the perseverance and sheer grit of our students as they battled the course and other competitors. Our competitors pushed themselves to the limit with many surpassing their goal and surprising themselves with their achievement.

All of these outstanding efforts contributed to our overall result and we were crowned Interschool Cross Country Champions once again!

Some of our runners performed exceptionally well on a personal level and won individual recognition for their running prowess:

	GIRLS		BOYS	
YEAR 3 -			Jack Jones	1 st
			Archie Chapman	3 rd
YEAR 4 -	Lyla Reed	2 nd	Jake Griffiths	1 st
YEAR 6 -	Kate Thomsen	2 nd		
	Freya Palmer	3 rd		

Some other pleasing things on the day were:

Out of approximately 40 runners in each race, Comet Bay were champion runners in the following year groups:

- Year 4 Boys Champions
- Year 5 Girls Champions
- Year 5 Boys Champions
- Year 6 Girls Champions

Special thank you to Mrs Garnett who assisted at the recording table, Mr Turner who helped at the finish line, and Mrs Ditchburn for her assistance on the day.

Another outstanding event made even more impressive by the attitude and effort by everyone involved. Congratulations and as always we are extremely proud of you all!!!