



Government of Western Australia
Child and Adolescent Health Service



Triple P - Positive Parenting Program®

A FREE program that teaches practical and effective ways to enhance family relationships and manage common child behaviour issues.

Who is this program for?

Parents, carers and/or grandparents of a child aged between 3 and 8 years.

What is involved?

- **Seminar Series** – 90-minute talks on:
 - children's behaviour – the tough part of parenting
 - raising confident children
 - raising emotionally resilient children.
- **Discussion Group** – small, 2-hour groups:
 - misbehaving
 - fighting and aggression
 - hassle-free shopping with children.
- **Group Triple P** – 8-week parenting course.



Program details:

Type: Seminar Series

Place: Kwinana Darius Wells Library

Date/s: Tue 26 Feb, 5 Mar and 12 Mar 2019

Time: 9.30 am - 11.30 am

Cost: **FREE**

How do I book?

Visit www.healthywa.wa.gov.au/parentgroups.

If unable to book online, contact the Child Health Booking System on **1300 749 869**.

Childcare: Please do not bring babies and children over the age of 6 months to the group.

You will need to make your own childcare arrangements for them. Crèche may be available at some venues. (Please check and organise through the venue).

You can bring babies into groups for feeding.

Visit www.healthywa.wa.gov.au/parentgroups for more information.