



## Mandurah Workshops Term 1: Feb - April 2017

### Managing Anger & Stress for Women

Mondays, 6 Feb - 27 Feb - 6.30pm to 9pm - \$60

### Anger Management for Men

Wednesdays, 8 Feb - 22 March - 6.30pm to 9pm - \$130

**Morning  
Session**

### Successful Single Parenting

Tuesday 28 February - 9.30am to 12 noon - \$30

### Stepfamilies - An Introduction

Thursday 2 March - 6.30pm to 9pm - \$30/\$50 couple

**Morning  
Session**

### Rock & Water (Ages 8-14)

Saturday 11 March - 9am to 1pm

**Morning  
Session**

### Self Worth for Women - Valuing Yourself

Tuesdays, 14 March - 4 April - 9.30am to 12noon - \$60

### Mums Raising Teenage Boys

Thursday 16 March - 6.30pm to 9pm - \$30

**Morning  
Session**

### Mindfulness

Monday 20 March - 9.30am to 12 noon - \$30

### Communication in Relationships

Thursday 23 March - 6.30pm to 9pm - \$30/\$50 couple

### Teens and Anger

Monday 27 March - 6.30pm to 9pm - \$30

### Confident Man

Wednesday 29 March - 6.30pm to 9pm - \$30

### Enhancing Couples' Relationships

Thursdays, 30 March & 6 April - 6.30pm to 9pm - \$75 couple

### Dads Understanding Daughters

Wednesday 5 April - 6.30pm to 9pm - \$30

**GENEROUS DISCOUNTS FOR CONCESSION CARD HOLDERS**

**For all enquiries phone: 6164 0588**

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**For more information on all of our courses visit our website:**

**[www.relationshipsaustralia.org.au](http://www.relationshipsaustralia.org.au)**

**BOOKINGS ESSENTIAL**