

Stepfamilies: An Introduction

A one night workshop for couples & individuals

Step-families and blended families operate differently, their dynamics are complex and there's a need for special understanding and management for a healthy step-family to grow.

This one night workshop helps you understand the differences inherent in being a step or blended family and equips you with skills to create a loving and successful family. It is a good introduction to our two night Stepfamilies course.

Couples are encouraged to participate in this course together, however if this is not possible, one partner is welcome to participate on their own.

During the seminar, participants will:

- Explore myths and expectations of the step-family
- Understand the life cycle stages of the step-family
- Explore themes of grief and loss for all members of the family
- Learn how to manage discipline and understand the needs of the children
- Understand the needs of the couple and how to grow a strong and loving relationship

Where: Relationships Australia
Lotteries House, Mandurah

When: Thursday 2 March, 6.30pm to 9pm

Fee: \$50 per couple/\$30 per person
(\$25/\$15 for concession card holders)

Places are limited so book now on 6164 0588