

# Healthy Conflict in Relationships

## One night workshop for individuals and couples

Conflict is a normal part of any relationship. How to manage it and resolve problems in a way that improves relationships rather than harms them is the focus of this one-night seminar.

Strategies discussed include:

- defining what constitutes conflict and the importance of healthy conflict resolution
- common strategies used while handling conflict
- learning new skills for healthy resolution
- exploring a step-by-step approach to healthy conflict resolution.

**Where:** Relationships Australia  
Lotteries House, Anzac Place, Mandurah

**When:** Monday 12 June, 6.30pm to 9pm

**Fee:** \$30 per person (\$15 for concession card holders)  
\$50 per couple (\$25 for concession card holders)

**Places are limited so book now on 6164 0588**

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