



Government of **Western Australia**
Department of **Health**
Child and Adolescent Health Service
Child and Adolescent Community Health



CIRCLE OF SECURITY

6 week PARENTING WORKSHOP

Circle of Security is a must for every parent's tool kit

- Learn the *importance of the parent-child relationship* and how to keep it strong
- Learn how to *identify your child's emotional needs*
- Learn how to *manage your child's emotions* and *your own response to them*

Help your child have greater resilience, fewer behavioural difficulties, better relationships with family and friends, improved self-esteem and enhanced school readiness

When We Feel Safe and Secure, Learning Happens

Courses last for six weeks and are run each term throughout the year in the Mandurah area.

[To register your interest, please ring
Mandurah Community Health Centre on 9586 4401.](#)

Crèche provided – limited spaces