



Wednesday 23/08/2017

To

Wednesday 20/09/2017

3:30pm – 4:15pm (P/1)

4:15pm – 5:00pm (2/3)

5:00pm – 5:45pm (4/5/6)

Located in the Comet  
Bay Primary School  
Undercover Area!

All you need is your  
active wear and  
favourite sneakers!

\$10 per class!

# PURE BEAT PRESENTS... UDANCE!

FROM THE CREATORS OF IDANCE

UDANCE is an energetic program designed to improve students' fitness levels and encourages greater self-confidence and self-esteem.

Each class begins with a cardio warm up & stretching, hip hop inspired routines and skills using the latest music to keep the students inspired finishing with yoga positions to cool down.

**UDANCE helps create happier and healthier children!**



ABN 42 737 755 806

**CONTACT  
AMANDA OR THANDI  
TO REGISTER YOUR  
INTEREST!**

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