### Mandurah Workshops - Term 1 2016

#### Self Worth
- **Mondays**, 8 February - 21 March - 9.30am to 12 noon - **$120**

#### Managing Anger & Stress for Women
- **Tuesdays**, 9 February - 29 March - 6.30pm to 9pm - **$120**

#### Anger Management for Men
- **Thursdays**, 11 February–24 March - 6.30pm to 9pm - **$120**

#### Enhancing Couple’s Relationships
- **Wednesdays**, 9 & 16 March - 6.30pm to 9pm - **$50 couple**

#### Successful Single Parenting
- **Friday** 11 March - 9.30am to 12 noon - **$25**

#### Rock & Water - Parent and Child (age 8-14)
- **Saturday** 19 March - 9am to 1pm - **$50 per family**

#### Mums Raising Teenage Boys
- **Monday** 21 March - 6.30pm to 9pm - **$25**

#### Family of Origin
- **Wednesday** 30 March - 6.30pm to 9pm - **$25**

#### Dads Understanding Daughters
- **Thursday** 31 March - 6.30pm to 9pm - **$25**

#### Mindfulness
- **Monday** 4 April - 6.30pm to 9pm - **$25**

#### Stepfamilies - An Introduction
- **Thursday** 7 April - 6.30pm to 9pm - **$25/$40 couple**

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**Generous Discounts for Concession Cardholders**

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For more information on all of our courses visit our website: www.relationshipswa.org.au

**Bookings Essential**